



2026 proforma cost estimates for Remote UN Volunteers (3-48 months) - 1 April 2026

MLA and foreign exchange rates accurate as of January 2026

All values in USD

Danger and Hardship Differential not included

Global charges confirmed as of January 2026

Donor proforma assumes a GMS rate of 10%

Does not include UNDP security charge of 3% or 5% of MLA

\$83.86 monthly ICT license fee per volunteer applies (Volunteers serving with UNV and UNDP only), is not included in proforma table

Proforma cost components and their definition and costing methodology can be found [here](#)

For more information on how to engage UN Volunteers in implementation of UNDP programmes and projects, go to: <https://toolkit.unv.org>

		Expert full time Remote			Expert part time Remote			Specialist full time Remote			Specialist part time Remote			Associate full time Remote			Associate part time Remote			Community full time Remote			Community part time Remote		
		AFP	Mission	Donor (10% GMS)	AFP	Mission	Donor (10% GMS)	AFP	Mission	Donor (10% GMS)	AFP	Mission	Donor (10% GMS)	AFP	Mission	Donor (10% GMS)	AFP	Mission	Donor (10% GMS)	AFP	Mission	Donor (10% GMS)	AFP	Mission	Donor (10% GMS)
		12 months			12 months			12 months			12 months			12 months			12 months			12 months			12 months		
		33857	31537	37243	18917	16921	20809	25341	23205	28255	14650	12746	16323	20968	18927	23375	12386	10531	13795	11183	10329	12471	4759	4044	5301
AFG	Average	23635	21536	25998	13797	11912	15177	18013	16036	20077	10987	9162	12234	15203	13287	16939	9581	7787	10665	8265	7475	9214	4049	3350	4509
ALB	Albania	35021	32675	38523	19490	17481	21439	26146	23993	29155	15053	13140	16772	21709	19652	24202	12835	10970	14296	11518	10657	12846	4863	4146	5416
DZA	Algeria	25511	23372	28062	14736	12830	16209	19354	17348	21573	11657	9818	12982	16275	14336	18136	10118	8312	11263	8801	7999	9813	4183	3481	4658
AGO	Angola	47656	45036	52421	25808	23662	28389	35171	32823	39228	19566	17555	21809	28929	26716	32261	16445	14502	18326	15128	14189	16875	5765	5029	6424
AIA	Anguilla	39966	37513	43962	21963	19900	24159	29678	27449	33097	16819	14868	18744	24535	22417	27356	14247	12352	15873	12931	12039	14422	5216	4491	5811
ATG	Antigua & Barbuda	39966	37513	43962	21963	19900	24159	29678	27449	33097	16819	14868	18744	24535	22417	27356	14247	12352	15873	12931	12039	14422	5216	4491	5811
ARG	Argentina	30768	28515	33845	17364	15401	19101	23109	21021	25764	13534	11655	15077	19279	17275	21489	11620	9781	12940	10303	9469	11489	4559	3849	5077
ARM	Armenia	24756	22633	27232	14358	12461	15794	18815	16820	20971	11387	9554	12681	15844	13914	17655	9902	8101	11023	8586	7788	9572	4129	3429	4598
AUT	Austria	87754	84266	96529	45857	43277	50443	63813	60843	71198	33886	31566	37794	51843	49133	57837	27901	25710	31114	26585	25398	29663	8629	7831	9620
AZE	Azerbaijan	32291	30005	35521	18126	16146	19938	24197	22086	26979	14078	12187	15685	20149	18126	22461	12055	10207	13426	10738	9894	11975	4668	3955	5199
BHS	Bahamas	47037	44431	51741	25499	23359	28048	34729	32390	38735	19345	17339	21563	28576	26370	31866	16268	14329	18128	14952	14016	16678	5721	4986	6374
BHR	Bahrain	51173	48478	56290	27567	25383	30323	37684	35281	42033	20822	18784	23212	30939	28682	34504	17450	15485	19447	16133	15172	17997	6016	5275	6704
BGD	Bangladesh	15307	13389	16838	9634	7838	10597	12065	10217	13437	8013	6252	8914	10444	8631	11628	7202	5459	8009	5886	5147	6559	3455	2768	3845
BRB	Barbados	52322	50492	58555	28596	26390	31456	39154	36719	43674	21557	19504	24032	32116	29833	35818	18038	16061	20104	16722	15748	18654	6163	5418	6868
BLR	Belarus	23806	21703	26186	13883	11996	15271	18136	16156	20213	11048	9222	12302	15301	13382	17049	9630	7835	10720	8314	7523	9269	4062	3362	4522
BEL	Belgium	103393	99566	113732	53677	50927	59044	74984	71772	83667	39472	37030	44029	60779	57875	67812	32370	30082	36101	31053	29769	34651	9746	8924	10868
BLZ	Belize	36381	34006	40019	20171	18147	22188	27118	24944	30239	15539	13616	17315	22486	20412	25069	13223	11350	14730	11907	11038	13279	4960	4241	5525
BEN	Benin	22331	20260	24564	13145	11274	14460	17082	15125	19037	10521	8707	11714	14458	12558	16108	9209	7423	10249	7893	7110	8799	3956	3259	4405
BTN	Bhutan	17140	15182	18854	10550	8735	11605	13374	11498	14898	8667	6893	9644	11491	9656	12797	7726	5972	8594	6410	5659	7143	3585	2896	3991
BOL	Bolivia	30121	27882	33133	17040	15085	18745	22646	20569	25248	13303	11428	14819	18909	16913	21077	11435	9600	12733	10118	9288	11283	4513	3803	5026
BIH	Bosnia and Herzegovina	28969	26754	31866	16464	14521	18111	21823	19764	24329	12892	11026	14360	18251	16269	20342	11105	9278	12366	9789	8966	10916	4430	3723	4934
BWA	Botswana	21606	19551	23767	12783	10919	14061	16564	14619	18459	10262	8453	11425	14043	12153	15645	9002	7220	10018	7686	6908	8568	3904	3208	4347
BRA	Brazil	35988	33622	39587	19974	17955	21971	26837	24669	29926	15399	13478	17158	22262	20193	24819	13111	11240	14605	11795	10928	13154	4932	4213	5493
VBG	British Virgin Islands	38349	35931	42184	21155	19110	23270	28524	26319	31808	16242	14303	18099	23611	21513	26325	13786	11900	15358	12469	11588	13907	5100	4378	5682
BGR	Bulgaria	22014	19950	24215	12987	11119	14286	16856	14904	18784	10408	8596	11587	14277	12381	15906	9118	7334	10148	7802	7022	8698	3933	3237	4379
BFA	Burkina Faso	24336	22222	26769	14148	12255	15563	18514	16527	20636	11237	9407	12513	15603	13679	17387	9782	7983	10889	8466	7671	9438	4099	3399	4564
BDI	Burundi	25339	23203	27873	14649	12745	16114	19231	17227	21435	11595	9758	12913	16176	14239	18026	10068	8264	11208	8752	7951	9758	4171	3469	4644
KHM	Cambodia	19174	17172	21091	11567	9730	12724	14827	12919	16520	9394	7603	10455	12654	10793	14095	8307	6541	9242	6991	6228	7792	3730	3038	4153
CMR	Cameroon	25486	23347	28035	14723	12818	16196	19336	17330	21553	11648	9809	12972	16261	14322	18120	10110	8305	11255	8794	7992	9805	4182	3480	4656
CPV	Cape Verde	22238	20169	24461	13099	11228	14409	17015	15060	18963	10488	8674	11677	14404	12506	16048	9182	7397	10219	7866	7084	8769	3950	3253	4397
CAF	Central African Republic	24299	22186	26728	14129	12337	15542	18488	16500	20606	11224	9394	12498	15582	13658	17363	9771	7973	10877	8455	7660	9426	4097	3397	4562
TCD	Chad	26032	23881	28635	14996	13084	16496	19726	17712	21988	11843	10000	13189	16573	14627	18468	10266	8457	11429	8950	8145	9979	4221	3518	4700
CHL	Chile	42899	40383	47189	23429	21335	25772	31773	29498	35436	17867	15893	19913	26211	24056	29227	15085	13172	16809	13769	12859	15358	5425	4696	6044
CHN	China	38635	36211	42498	21298	19249																			

QAT Qatar
ROU Romania
RUS Russian Federation
RWA Rwanda
WSM Samoa
STP Sao Tome and Principe
SAU Saudi Arabia
SEN Senegal
SRB Serbia
SYC Seychelles
SLE Sierra Leone
SVK Slovakia
SVN Slovenia
SLB Solomon Islands
SOM Somalia
ZAF South Africa
SSD South Sudan
LKA Sri Lanka
KNA St Kitts and Nevis
LCA St Lucia
MAF Saint Martin
VCT St. Vincent and the Grenadines
SDN Sudan
SUR Suriname
SWE Sweden
CHE Switzerland
SYR Syria
TJK Tajikistan
TZA Tanzania, United Rep. of
THA Thailand
TLS Timor-Leste
TGO Togo
TKL Tokelau
TON Tonga
TTO Trinidad and Tobago
TUN Tunisia
TUR Türkiye
TKM Turkmenistan
TCA Turks and Caicos Islands
TUV Tuvalu
UGA Uganda
UKR Ukraine
ARE United Arab Emirates
GBR United Kingdom
USA United States of America
URY Uruguay
UZB Uzbekistan
VUT Vanuatu
VEN Venezuela
VNM Viet Nam
YEM Yemen
ZMB Zambia
ZWE Zimbabwe

Expert full time Remote			Expert part time Remote			Specialist full time Remote			Specialist part time Remote			Associate full time Remote			Associate part time Remote			Community full time Remote			Community part time Remote		
AFP	Mission	Donor (10% GMS)	AFP	Mission	Donor (10% GMS)	AFP	Mission	Donor (10% GMS)	AFP	Mission	Donor (10% GMS)	AFP	Mission	Donor (10% GMS)	AFP	Mission	Donor (10% GMS)	AFP	Mission	Donor (10% GMS)	AFP	Mission	Donor (10% GMS)
12 months			12 months			12 months			12 months			12 months			12 months			12 months			12 months		
78470	75183	86317	41215	38735	45336	57181	54356	63796	30571	28322	34093	46536	43942	51914	25248	23115	28152	23932	22802	26702	7966	7182	8880
40560	38095	44616	22260	20191	24486	30103	27864	33571	17032	15076	18981	24875	22749	27735	14417	12518	16063	13101	12206	14612	5258	4533	5858
26867	24698	29553	15413	13493	16955	20322	18295	22653	12141	10291	13522	17050	15094	19001	10505	8691	11696	9189	8378	10245	4280	3576	4766
18937	16940	20831	11449	9614	12594	14658	12754	16332	9309	7521	10361	12519	10661	13943	8239	6474	9167	6923	6162	7717	3714	3022	4134
19776	17760	21753	11868	10024	13055	15257	13340	17000	9609	7814	10695	12998	11129	14478	8479	6709	9434	7163	6396	7984	3774	3080	4201
19401	17394	21342	11681	9841	12849	14990	13078	16702	9475	7683	10546	12784	10920	14239	8372	6604	9315	7056	6291	7864	3747	3054	4171
76905	73652	84595	40433	37970	44476	56064	53262	62549	30012	27775	33470	45643	43067	50917	24802	22678	27654	23485	22365	26203	7854	7073	8756
32367	30079	35603	18163	16183	19980	24251	22138	27039	14105	12213	15715	20192	18168	22509	12076	10228	13450	10760	9916	11999	4673	3960	5205
35378	33025	38916	19669	17656	21636	26402	24243	29440	15181	13265	16915	21913	19852	24430	12937	11070	14410	11621	10758	12960	4888	4171	5445
31937	29658	35131	17949	15973	19743	23944	21838	26696	13952	12063	15543	19947	17928	22235	11954	10108	13313	10637	9795	11862	4642	3930	5170
13163	11292	14480	8562	6790	9418	10534	8719	11728	7247	5503	8059	9219	7432	10260	6589	4860	7325	5273	4548	5875	3302	2619	3674
38081	35668	41889	21021	18979	23123	35962	33596	40111	19961	17942	22251	23457	21362	26153	13708	11825	15271	12394	11513	13823	5081	4360	5660
48765	46120	53642	26364	24206	29000	28331	26131	31594	16146	14209	17992	29562	27335	32967	16761	14811	18679	15447	14499	17231	5844	5106	6512
22530	20456	24783	13245	11372	14570	17225	15265	19196	10592	8776	11793	14572	12669	16235	9266	7479	10313	7950	7166	8862	3970	3273	4421
19881	17864	21869	11921	10076	13113	15332	13413	17084	9646	7851	10737	13058	11189	14546	8509	6738	9468	7193	6426	8018	3781	3088	4209
32055	29774	35261	18008	16031	19808	24028	21921	26790	13994	12104	15590	20014	17994	22310	11987	10141	13350	10671	9828	11900	4651	3939	5180
28958	26744	31854	16459	14516	18105	21816	19757	24321	12888	11022	14356	18245	16263	20335	11102	9275	12363	9786	8963	10912	4430	3722	4933
14396	12498	15836	9178	7393	10096	11415	9581	12711	7687	5934	8551	9924	8122	11047	6942	5205	7719	5626	4892	6268	3389	2705	3772
39966	37513	43962	21963	19900	24159	29678	27449	33097	16819	14868	18744	24535	22417	27356	14247	12352	15873	12931	12039	14422	5216	4491	5811
39966	37513	43962	21963	19900	24159	29678	27449	33097	16819	14868	18744	24535	22417	27356	14247	12352	15873	12931	12039	14422	5216	4491	5811
22587	20510	24846	13274	11400	14602	17265	15304	19241	10612	8796	11816	14607	12703	16274	9283	7496	10332	7966	7182	8880	3974	3277	4425
39966	37513	43962	21963	19900	24159	29678	27449	33097	16819	14868	18744	24535	22417	27356	14247	12352	15873	12931	12039	14422	5216	4491	5811
34918	32575	38410	19439	17431	21383	26073	23922	29073	15017	13105	16732	21651	19595	24137	12805	10941	14263	11489	10629	12813	4855	4139	5408
23237	21147	25561	13599	11718	14959	17730	15759	19760	10845	9023	12075	14975	13064	16885	9468	7676	10538	8152	7363	9087	4021	3323	4477
56990	54167	62689	30475	28228	33523	41838	39344	47669	22899	20816	25530	34292	31933	38214	19111	17110	21302	17796	16798	19853	6432	5681	7168
147907	143115	162698	75934	72702	83527	106779	102879	119158	55370	52583	61774	86215	82760	96204	45088	42524	50297	43772	42212	48848	12926	12035	14417
21780	19722	23958	12870	11005	14157	16689	14741	18598	10325	8514	11494	14143	12250	15757	9052	7269	10074	7736	6956	8623	3917	3221	4361
15176	13261	16694	9568	7774	10525	11971	10125	13333	7966	6207	8862	10369	8558	11544	7165	5423	7967	5849	5110	6517	3445	2759	3834
25610	23469	28171	14785	12878	16264	19425	17417	21652	11692	9852	13021	16332	14391	18200	10146	8340	11295	8830	8027	9845	4190	3488	4666
37761	35357	41538	20861	18822	22947	28104	25908	31340	16032	14098	17865	23275	21184	25950	13618	11736	15170	12302	11424	13720	5058	4337	5635
21769	19711	23946	12865	10999	14151	16681	14733	18589	10321	8510	11490	14137	12244	15750	9049	7266	10070	7732	6953	8619	3916	3220	4360
22064	19999	24270	13012	11144	14313	16891	14939	18824	10426	8613	11607	14305	12409	15938	9133	7348	10164	7817	7036	8714	3937	3240	4383
12287	10435	13516	8124	6361	8936	9908	8107	11030	6934	5197	7710	8715	6940	9698	6338	4614	7044	5023	4303	5595	3239	2557	3604
30320	28076	33352	17140	15182	18854	22789	20708	25407	13374	11498	14899	10411	8599	11591	7186	5443	7991	10175	9343	11347	4527	3817	5042
53338	50595	58671	28649	26441	31514	39230	36793	43759	21595	19540	24074	32176	29892	35885	18068	16090	20138	16752	15777	18687	6171	5426	6877
19757	17742	21732	11858	10015	13044	15243	13327	16985	9602	7807	10688	12987	11119	14466	8473	6703	9428	7157	6391	7978	3772	3079	4199
35258	32907	38783	19609	17597	21570	26315	24159	29344	15138	13223	16867	21844	19784	24353	12902	11036	14371	11587	10724	12922	4880	4162	5435
22065	20000	24271	13012	11144	14314	16892	14939	18825	10426	8614	11608	14306	12409	15938	9133	7349	10164	7816	7035	8713	3937	3240	4383
23497	21402	25847	13729	11845	15102	17915	15941	19967	10938	9114	12179	15119	13205	16846	9539	7746	10618	8226	7436	9170	4040	3341	4498
13262	11388	14588	8611	6838	9472	10604	8788	11806	7282	5538	8098	9275	7488	10323	6618	4888	7357	5302	4575	5906	3308	2625	3682
24889	22763	27378	14425	12526	15867	18910	16913	21077	11435	9600	12734	15920	13988	17740	9940	8138	11065	8624	7825	9615	4139	3438	4609
29574	27346	32531	16767	14817	18444	22256	20187	24812	13108	11237	14601	18596	16607	20728	11278	9447	12559	9962	9135	11109	4474	3765	4982
96771	93087	106448	50365	47688	55402	70253	67145	78388	37107	34716	41389	56993	54171	63586	30477	28230	33988	29161	27918	32539	9273	8461	10340
70992	67867	78092	37476	35078	41224	51840	49130	57835	27900	25709	31112	42263	39761	47145	23112	21024	25768	21796	20713	24318	7432	6659	8284
82205	78836	90426	43083	40563	47392	59849	56965	66774	31905	29627	35582	48672	46031	54298	26316	24159	29344	24999	23846	27893	8233	7443	9179
60170	57278	66187	32066	29785	35273	44109	41566	49205	24034	21927	26798	36079	33711	40242	20020	17999	22316	18703	17681				