



2026 proforma cost estimates for International UN Volunteers - 1 April 2026

MLA rates based on January 2026 PAM

All values in USD

Danger and Hardship Differential is not included

Specialist, Expert and Associate categories include one dependent for family allowance and insurance

Donor proforma assumes a GMS rate of 10%

Does not include UNDP security charge of 3% or 5% of MLA

\$83.86 monthly ICT license fee per volunteer applies (Volunteers serving with UNV and UNDP only), is not included in proforma table

Global charges last confirmed January 2026

Proforma cost components and their definition and costing methodology can be found [here](#)

<https://toolkit.unv.org/>

	Expert			Specialist			Associate		
	AFP	Mission	Donor (10% GMS)	AFP	Mission	Donor	AFP	Mission	Donor
	12 months			12 months			12 months		
	75937	70429	85467	60549	55376	68563	52799	47793	60054
Average	73818	68356	83140	59087	53945	66957	51583	46604	58718
Afghanistan	73470	68016	82757	58706	53573	66539	51279	46306	58384
Albania	76934	71405	86562	61181	55993	69257	53258	48242	60557
Algeria	80550	74943	90534	63764	58521	72094	55324	50264	62827
Angola	77962	72410	87691	61915	56712	70063	53845	48817	61202
Anguilla	77962	72410	87691	61915	56712	70063	53845	48817	61202
Antigua and Barbuda	72861	67420	82088	58271	53147	66061	50931	45965	58001
Argentina	72214	66787	81378	57809	52695	65553	50561	45604	57595
Armenia	81692	76060	91789	64579	59319	72990	55977	50902	63544
Aruba	72442	67010	81629	57972	52855	65732	50692	45731	57739
Australia	79979	74384	89907	63356	58122	71646	54998	49944	62469
Austria	72290	66861	81461	57863	52748	65613	50605	45646	57643
Azerbaijan	84623	78928	95008	66673	61367	75289	57652	52540	65383
Bahamas	71985	66563	81127	57646	52535	65374	50431	45476	57452
Bahrain	77467	71926	87148	61561	56366	69675	53563	48540	60892
Bangladesh	82415	76768	92583	65096	59824	73557	56390	51306	63998
Barbados	76515	70995	86102	60881	55701	68928	53019	48008	60295
Belarus	78038	72485	87775	61969	56765	70123	53889	48859	61250
Belgium	77124	71591	86771	61317	56126	69406	53367	48349	60677
Belize	72632	67196	81838	58108	52988	65882	50800	45838	57858
Benin	89762	83955	100653	70344	64958	79321	60588	55413	68608
Bermuda	73850	68388	83176	58978	53839	66837	51496	46519	58622
Bhutan	70843	65446	79872	56830	51737	64478	49778	44838	56735
Bolivia	77962	72410	87691	61915	56712	70063	53845	48817	61202
Bonaire	72214	66787	81378	57809	52695	65553	50561	45604	57595
Bosnia and Herzegovina	67760	62430	76486	54628	49583	62059	48017	43114	54800
Botswana	70462	65074	79454	56558	51471	64179	49561	44625	56496
Brazil	77086	71554	86730	61289	56100	69376	53345	48327	60653
British Virgin Islands	74117	68649	83468	59168	54025	67046	51649	46668	58790
Bulgaria	70462	65074	79454	56558	51471	64179	49561	44625	56496
Burkina Faso	75601	70101	85099	60229	55062	68211	52497	47497	59721
Burundi	74459	68984	83845	59413	54264	67315	51844	46859	59005
Cabo Verde	69777	64403	78702	56069	50992	63642	49169	44242	56066
Cambodia	75183	69692	84639	59930	54770	67883	52258	47263	59459
Cameroon	79256	73676	89113	62839	57616	71078	54585	49540	62015
Canada, Toronto	73165	67718	82423	58489	53360	66300	51105	46136	58192
Canada, Montreal	76667	71144	86270	60990	55807	69047	53106	48093	60390
Canada, Ottawa	76325	70809	85893	60746	55568	68779	52910	47902	60175
Cayman Islands	77391	71852	87064	61507	56313	69615	53519	48498	60844
Central African Republic	76020	70511	85559	60528	55355	68540	52736	47731	59984
Chad	71947	66526	81085	57619	52509	65344	50409	45455	57428
Chile	78799	73230	88611	62513	57297	70720	54324	49285	61728
China, Beijing	96234	90286	107761	74966	69480	84398	64285	59030	72669
China, Hong Kong (SAR)	77581	72038	87273	61643	56446	69764	53628	48604	60964
China, Macao (SAR)	77086	71554	86730	61289	56100	69376	53345	48327	60653
Colombia	74003	68537	83343	59087	53945	66957	51583	46604	58718
Comoros	76858	71330	86479	61126	55940	69197	53215	48200	60510
Congo	79560	73974	89447	63057	57829	71317	54759	49710	62206
Congo, Dem. Rep.	75297	69803	84764	60011	54850	67972	52323	47327	59530
Cook Islands	72099	66675	81252	57727	52615	65464	50496	45540	57524
Costa Rica	84699	79002	95092	66727	61420	75349	57695	52583	65431
Côte d'Ivoire	75792	70287	85308	60365	55195	68361	52606	47604	59841
Croatia	78875	73304	88695	62567	57350	70780	54367	49327	61776
Cuba	72785	67345	82005	58217	53094	66001	50887	45923	57954
Cyprus	80017	74421	89949	63383	58148	71676	55020	49966	62493
Czech Republic	88773	82987	99566	69637	64266	78545	60022	54860	67987
Denmark	74992	69505	84430	59794	54637	67733	52149	47157	59339
Djibouti	77962	72410	87691	61915	56712	70063	53845	48817	61202
Dominica	70881	65483	79914	56857	51764	64508	49800	44859	56759
Dominican Republic	68483	63137	77280	55144	50088	62626	48430	43518	55254
Ecuador	70462	65074	79454	56558	51471	64179	49561	44625	56496
Egypt	71224	65818	80291	57102	52003	64777	49996	45050	56974
El Salvador	74802	69319	84221	59658	54504	67584	52040	47051	59220
Equatorial Guinea	75830	70325	85350	60392	55222	68390	52627	47625	59865
Eritrea	77924	72373	87649	61888	56685	70033	53824	48795	61179
Estonia	66922	61610	75566	54029	48997	61402	47538	42646	54275
Eswatini	76629	71107	86228	60963	55781	69018	53084	48072	60366
Ethiopia	73279	67830	82548	58570	53440	66389	51170	46199	58264
Fiji	77276	71740	86939	61425	56233	69525	53454	48434	60772
Finland	79751	74161	89656	63193	57962	71467	54868	49817	62325
France, Lyon and Elsewhere	81121	75501	91162	64171	58920	72542	55651	50583	63185
France, Paris	74612	69133	84012	59522	54371	67435	51931	46944	59100
French Guiana	77086	71554	86730	61289	56100	69376	53345	48327	60653
Gabon	73622	68165	82925	58815	53679	66658	51366	46391	58479
Gambia	69511	64143	78409	55878	50806	63433	49017	44093	55899
Georgia	77010	71479	86646	61235	56047	69316	53302	48285	60605
Germany, Berlin	75183	69692	84639	59930	54770	67883	52258	47263	59459
Germany, Bonn	74155	68686	83510	59196	54052	67076	51670	46689	58814
Germany, Dresden	80131	74533	90074	63465	58228	71765	55085	50030	62564
Germany, Hamburg	82377	76730	92541	65069	59797	73527	56368	51285	63974
Germany, Munich	77657	72112	87357	61697	56499	69824	53671	48646	61011
Germany, Frankfurt	79256	73676	89113	62839	57616	71078	54585	49540	62015
Ghana									

	Expert			Specialist			Associate		
	AFP	Mission	Donor (10% GMS)	AFP	Mission	Donor	AFP	Mission	Donor
	12 months			12 months			12 months		
Gibraltar	88887	83099	99691	69718	64346	78634	60088	54924	68059
Greece	74307	68835	83677	59304	54158	67196	51757	46774	58909
Grenada	77962	72410	87691	61915	56712	70063	53845	48817	61202
Guatemala	71452	66042	80541	57265	52163	64956	50126	45178	57117
Guinea	76553	71032	86144	60909	55727	68958	53041	48029	60319
Guinea Bissau	78456	72894	88235	62268	57058	70451	54128	49093	61513
Guyana	78456	72894	88235	62268	57058	70451	54128	49093	61513
Haiti	79370	73788	89238	62921	57696	71168	54650	49604	62086
Honduras	71262	65856	80332	57129	52030	64807	50018	45072	56998
Hungary	79522	73937	89405	63029	57802	71287	54737	49689	62182
Iceland	75563	70064	85057	60202	55036	68181	52475	47476	59697
India	72061	66638	81210	57700	52589	65434	50474	45519	57500
Indonesia	70995	65595	80040	56939	51844	64598	49865	44923	56831
Iran	71719	66303	80834	57455	52349	65165	50279	45327	57285
Iraq	70310	64925	79287	56449	51365	64060	49474	44540	56401
Ireland	80779	75166	90785	63927	58680	72273	55455	50391	62970
Israel, Tel Aviv	85765	80045	96263	67489	62165	76185	58304	53179	66100
Italy, Brindisi	68673	63323	77489	55280	50221	62776	48539	43625	55374
Italy, Rome	70919	65521	79956	56884	51790	64538	49822	44880	56783
Jamaica	75601	70101	85099	60229	55062	68211	52497	47497	59721
Japan, Hiroshima	69777	64403	78702	56069	50992	63642	49169	44242	56066
Japan, Tokyo	75868	70362	85392	60419	55249	68420	52649	47646	59889
Jordan	73165	67718	82423	58489	53360	66300	51105	46136	58192
Kazakhstan	70462	65074	79454	56558	51471	64179	49561	44625	56496
Kenya	74840	69356	84263	59685	54530	67614	52062	47072	59244
Kiribati	77048	71516	86688	61262	56073	69346	53323	48306	60629
Korea, Dem. Peo. Of	77847	72299	87566	61833	56632	69973	53780	48753	61131
Korea, Republic of	76401	70883	85977	60800	55621	68838	52954	47944	60223
Kosovo (as per UN Security C	72190	66763	81352	57792	52678	65535	50551	45594	57584
Kuwait	79446	73863	89322	62975	57749	71228	54694	49647	62134
Kyrgyzstan	70310	64925	79287	56449	51365	64060	49474	44540	56401
Lao Peo. Dem. Rep.	73165	67718	82423	58489	53360	66300	51105	46136	58192
Latvia	77581	72038	87273	61643	56446	69764	53628	48604	60964
Lebanon	79446	73863	89322	62975	57749	71228	54694	49647	62134
Lesotho	71452	66042	80541	57265	52163	64956	50126	45178	57117
Liberia	78152	72596	87900	62051	56845	70212	53954	48923	61322
Libya	72061	66638	81210	57700	52589	65434	50474	45519	57500
Lithuania	73432	67979	82716	58679	53546	66509	51257	46285	58360
Luxembourg	79218	73639	89071	62812	57590	71048	54563	49519	61991
Madagascar	69815	64441	78744	56096	51019	63672	49191	44263	56090
Malawi	74498	69021	83886	59440	54291	67345	51866	46880	59029
Malaysia	78456	72894	88235	62268	57058	70451	54128	49093	61513
Maldives	74003	68537	83343	59087	53945	66957	51583	46604	58718
Mali	77505	71963	87189	61588	56392	69704	53584	48561	60916
Malta	73927	68463	83259	59033	53892	66897	51540	46561	58670
Marshall Islands	75525	70027	85015	60175	55009	68151	52453	47455	59674
Mauritania	71376	65967	80458	57211	52110	64896	50083	45136	57070
Mauritius	71148	65744	80207	57048	51950	64717	49952	45008	56926
Mexico	79066	73490	88904	62703	57483	70929	54476	49434	61895
Micronesia, Fed States of	81654	76023	91747	64552	59292	72960	55955	50881	63520
Moldova	73013	67569	82256	58380	53254	66180	51018	46051	58097
Monaco	81121	75501	91162	64171	58920	72542	55651	50583	63185
Mongolia	72937	67494	82172	58326	53200	66121	50974	46008	58049
Montenegro	72975	67532	82214	58353	53227	66151	50996	46029	58073
Morocco	71566	66154	80667	57347	52243	65045	50192	45242	57189
Mozambique	71186	65781	80249	57075	51977	64747	49974	45029	56950
Myanmar	72518	67085	81712	58026	52908	65792	50735	45774	57786
Namibia	72404	66973	81587	57945	52828	65703	50670	45710	57715
Nauru	75297	69803	84764	60011	54850	67972	52323	47327	59530
Nepal	68293	62951	77071	55008	49955	62477	48321	43412	55135
Netherlands	78076	72522	87817	61996	56791	70152	53911	48881	61274
New Caledonia	73774	68314	83092	58924	53786	66778	51453	46476	58575
New Zealand	72785	67345	82005	58217	53094	66001	50887	45923	57954
Nicaragua	71300	65893	80374	57156	52056	64836	50039	45093	57022
Niger	78076	72522	87817	61996	56791	70152	53911	48881	61274
Nigeria	80093	74496	90033	63437	58201	71735	55063	50008	62540
North Macedonia	71148	65744	80207	57048	51950	64717	49952	45008	56926
Norway	76820	71293	86437	61099	55914	69167	53193	48178	60486
Oman	70386	64999	79371	56504	51418	64120	49517	44582	56449
Pakistan	72937	67494	82172	58326	53200	66121	50974	46008	58049
Palau	75297	69803	84764	60011	54850	67972	52323	47327	59530
State of Palestine	82377	76730	92541	65069	59797	73527	56368	51285	63974
Panama	71604	66191	80709	57374	52269	65075	50213	45263	57213
Papua New Guinea	76896	71368	86520	61153	55967	69227	53236	48221	60534
Paraguay	69473	64105	78367	55851	50780	63403	48995	44072	55875
Peru	73470	68016	82757	58706	53573	66539	51279	46306	58384
Philippines	73850	68388	83176	58978	53839	66837	51496	46519	58622
Poland	75754	70250	85266	60338	55169	68331	52584	47583	59817
Portugal, Guimaraes	66389	61089	74981	53649	48625	60984	47234	42348	53940
Portugal, Lisbon	73356	67904	82632	58625	53493	66449	51214	46242	58312
Puerto Rico	70881	65483	79914	56857	51764	64508	49800	44859	56759
Qatar	76629	71107	86228	60963	55781	69018	53084	48072	60366
Romania	71300	65893	80374	57156	52056	64836	50039	45093	57022
Russian Federation	81921	76283	92040	64742	59478	73169	56107	51030	63687
Rwanda	72175	66750	81336	57782	52668	65523	50539	45582	57571
Saint Helena	80817	75203	90827	63954	58707	72303	55477	50413	62994
St. Lucia	76096	70585	85642	60582	55408	68599	52780	47774	60032
Samoa	73660	68202	82967	58842	53706	66688	51388	46412	58503
Sao Tome and Principe	78533	72969	88318	62323	57111	70511	54172	49136	61561
Saudi Arabia	78152	72596	87900	62051	56845	70212	53954	48923	61322
Senegal	77505	71963	87189	61588	56392	69704	53584	48561	60916
Serbia	71072	65670	80123	56993	51897	64657	49909	44965	56879
Seychelles	75259	69766	84723	59984	54823	67942	52301	47306	59506
Sierra Leone	77467	71926	87148	61561	56366	69675	53563	48540	60892
Singapore	84699	79002	95092	66727	61420	75349	57695	52583	65431
Slovak Republic	75297	69803	84764	60011	54850	67972	52323	47327	59530
Slovenia	77505	71963	87189	61588	56392	69704	53584	48561	60916
Solomon Islands	78190	72634	87942	62078	56871	70242	53976	48944	61346
Somalia	75754	70250	85266	60338	55169	68331	52584	47583	59817
South Africa	69701	64329	78618	56014	50939	63582	49126	44199	56019

	Expert			Specialist			Associate		
	AFP	Mission	Donor (10% GMS)	AFP	Mission	Donor	AFP	Mission	Donor
	12 months			12 months			12 months		
South Sudan	75944	70436	85475	60474	55302	68480	52693	47689	59936
Spain	71833	66414	80960	57537	52429	65255	50344	45391	57356
Sri Lanka	71452	66042	80541	57265	52163	64956	50126	45178	57117
St. Kitts and Nevis	77962	72410	87691	61915	56712	70063	53845	48817	61202
St. Vincent and the Grenadines	77962	72410	87691	61915	56712	70063	53845	48817	61202
Sudan	75944	70436	85475	60474	55302	68480	52693	47689	59936
Suriname	71985	66563	81127	57646	52535	65374	50431	45476	57452
Sweden	77924	72373	87649	61888	56685	70033	53824	48795	61179
Switzerland	92808	86935	103998	72519	67086	81710	62328	57115	70519
Syrian Arab Republic	64410	59152	72806	52235	47242	59431	46103	41242	52698
Tajikistan	72404	66973	81587	57945	52828	65703	50670	45710	57715
Tanzania, United Republic of	74003	68537	83343	59087	53945	66957	51583	46604	58718
Thailand	72746	67308	81963	58190	53067	65971	50866	45902	57930
Timor-Leste	74612	69133	84012	59522	54371	67435	51931	46944	59100
Togo	76363	70846	85935	60773	55594	68809	52932	47923	60199
Tonga	73051	67606	82298	58407	53280	66210	51040	46072	58121
Trinidad and Tobago	73470	68016	82757	58706	53573	66539	51279	46306	58384
Tunisia	68826	63472	77656	55389	50327	62895	48626	43710	55469
Türkiye, Ankara	72785	67345	82005	58217	53094	66001	50887	45923	57954
Türkiye, Gebze	76477	70958	86061	60854	55674	68898	52997	47987	60271
Türkiye, Istanbul	76477	70958	86061	60854	55674	68898	52997	47987	60271
Turkmenistan	87935	82168	98646	69039	63681	77888	59544	54392	67461
Tuvalu	75754	70250	85266	60338	55169	68331	52584	47583	59817
Uganda	72404	66973	81587	57945	52828	65703	50670	45710	57715
Ukraine	70501	65111	79496	56585	51498	64209	49583	44646	56520
United Arab Emirates	81045	75427	91078	64117	58866	72482	55607	50540	63138
United Kingdom	88887	83099	99691	69718	64346	78634	60088	54924	68059
USA, El Paso	85301	79590	95752	69363	63998	78244	61292	56101	69388
USA, Miami	85796	80075	96296	69716	64344	78632	61575	56378	69698
USA, New York	95160	89236	106582	76405	70888	85979	66926	61612	75575
USA, San Diego	93790	87895	105076	75426	69930	84904	66143	60846	74715
USA, San Francisco	96683	90726	108254	77493	71952	87173	67796	62463	76530
USA, Seattle	86443	80708	97007	70178	64796	79140	61945	56739	70104
USA, Washington D.C.	87775	82011	98470	71130	65727	80185	62706	57484	70940
Uruguay	75145	69654	84597	59903	54743	67853	52236	47242	59435
Uzbekistan	73394	67941	82674	58652	53520	66479	51235	46263	58336
Vanuatu	76629	71107	86228	60963	55781	69018	53084	48072	60366
Venezuela	76020	70511	85559	60528	55355	68540	52736	47731	59984
Vietnam	67836	62504	76569	54682	49636	62119	48060	43157	54848
Western Sahara	72837	67396	82062	58254	53130	66042	50921	45956	57990
Yemen	68064	62727	76820	54845	49795	62298	48191	43284	54991
Zambia	72823	67383	82047	58244	53121	66031	50909	45944	57977
Zimbabwe	71074	65596	80120	59495	54344	67405	51910	46923	59076