



2026 proforma cost estimates for International UN Volunteers - 1 April 2026

MLA rates based on October 2025 PAM

All values in USD

Well-being differential is not included

Specialist and Expert include one dependent for family allowance and insurance

Donor proforma assumes a GMS rate of 10%

Does not include UNDP security charge of 3% or 5% of MLA

\$78.38 monthly ICT license fee per volunteer applies (Volunteers serving with UNV and UNDP only), is not included in proforma table

Global charges last confirmed October 2025

Proforma cost components and their definition and costing methodology can be found

[here](#)

For more information on how to engage UN Volunteers in implementation of UNDP programmes and projects, go to:

<https://toolkit.unv.org/>

		Expert			Specialist			Associate		
		AFP	Mission	Donor (10% GMS)	AFP	Mission	Donor	AFP	Mission	Donor
		12 months			12 months			12 months		
	Average	76575	71053	86168	61004	55821	69062	53167	48153	60458
AFG	Afghanistan	73818	68356	83140	58991	53851	66851	51510	46532	58638
ALB	Albania	73830	68368	83153	58963	53824	66821	51488	46511	58614
DZA	Algeria	77000	71469	86634	61227	56039	69308	53300	48283	60603
AGO	Angola	79711	74122	89613	63164	57934	71435	54849	49799	62305
AIA	Anguilla	79024	73449	88858	62673	57454	70896	54456	49414	61874
ATG	Antigua and Barbuda	79024	73449	88858	62673	57454	70896	54456	49414	61874
ARG	Argentina	74059	68592	83404	59127	53984	67001	51619	46639	58757
ARM	Armenia	73142	67695	82398	58472	53344	66282	51096	46126	58182
ABW	Aruba	82575	76924	92759	65210	59936	73683	56486	51400	64103
AUS	Australia	72302	66873	81475	57872	52757	65623	50615	45657	57655
AUT	Austria	80704	75093	90703	63874	58628	72214	55417	50354	62928
AZE	Azerbaijan	72875	67434	82104	58281	53157	66072	50943	45977	58014
BHS	Bahamas	85249	79539	95695	67120	61804	75780	58014	52895	65781
BHR	Bahrain	72951	67509	82188	58336	53210	66132	50986	46020	58062
BGD	Bangladesh	77649	72104	87348	61691	56493	69817	53671	48646	61011
BRB	Barbados	83607	77933	93891	65947	60656	74492	57075	51976	64750
BLR	Belarus	76388	70871	85963	60791	55612	68829	52951	47941	60220
BEL	Belgium	78718	73150	88522	62455	57240	70656	54282	49244	61682
BLZ	Belize	77267	71731	86928	61418	56226	69518	53453	48432	60771
BEN	Benin	73562	68106	82859	58772	53637	66611	51336	46361	58446
BMU	Bermuda	90481	84658	101442	70857	65460	79885	61003	55820	69065
BTN	Bhutan	74861	69377	84285	59700	54545	67630	52078	47087	59261
BOL	Bolivia	70774	65379	79797	56781	51689	64424	49743	44803	56696
BES	Bonaire	79024	73449	88858	62673	57454	70896	54456	49414	61874
BIH	Bosnia and Herzegovina	72187	66761	81349	57790	52677	65533	50550	45593	57583
BWA	Botswana	69361	63996	78245	55772	50702	63315	48935	44013	55809
BRA	Brazil	71385	65977	80468	57217	52116	64904	50092	45144	57079
VGB	British Virgin Islands	77496	71955	87180	61582	56386	69698	53583	48560	60915
BGR	Bulgaria	74784	69302	84201	59645	54491	67570	52034	47045	59213
BFA	Burkina Faso	71615	66201	80720	57381	52276	65083	50223	45272	57223
BDI	Burundi	76694	71170	86299	61009	55826	69068	53125	48112	60411
CPV	Cabo Verde	75625	70124	85124	60245	55079	68229	52514	47514	59740
KHM	Cambodia	70698	65304	79713	56726	51636	64364	49699	44760	56648
CMR	Cameroon	76465	70946	86047	60846	55666	68889	52994	47984	60268
CAN	Canada, Toronto	79864	74271	89781	63273	58041	71555	54937	49884	62401
CAN	Canada, Montreal	73715	68256	83027	58881	53744	66731	51423	46447	58542
CAN	Canada, Ottawa	77267	71731	86928	61418	56226	69518	53453	48432	60771
CYM	Cayman Islands	77420	71880	87096	61528	56333	69638	53540	48518	60867
CAF	Central African Republic	78298	72739	88061	62155	56947	70327	54042	49009	61418
TCD	Chad	77190	71656	86844	61364	56173	69458	53409	48390	60723
CHL	Chile	72073	66649	81223	57708	52597	65443	50485	45529	57511
CHN	China, Beijing	79673	74084	89571	63137	57908	71405	54827	49777	62281
CHN	China, Hong Kong (SAR)	97852	91869	109538	76122	70611	85668	65215	59940	73691
CHN	China, Macao (SAR)	78642	73076	88438	62400	57187	70596	54238	49201	61634
COL	Colombia	75357	69862	84831	60054	54892	68020	52361	47365	59572
COM	Comoros	75128	69638	84579	59891	54732	67840	52230	47237	59429
COG	Congo	77534	71992	87222	61609	56413	69728	53605	48582	60939
COD	Congo, Dem. Rep.	79826	74234	89739	63246	58014	71525	54915	49863	62377
COK	Cook Islands	76121	70610	85670	60600	55426	68619	52798	47792	60052
CRI	Costa Rica	72569	67135	81769	58063	52944	65832	50768	45806	57823
CIV	Côte d'Ivoire	85516	79801	95989	67311	61991	75990	58166	53044	65948
HRV	Croatia	76465	70946	86047	60846	55666	68889	52994	47984	60268
CUB	Cuba	79978	74383	89906	63355	58121	71645	55002	49948	62473
CYP	Cyprus	73371	67920	82649	58636	53504	66462	51227	46255	58326
CZE	Czech Republic	80513	74906	90494	63737	58495	72065	55307	50247	62808

DNK	Denmark	89641	83836	100519	70257	64873	79226	60523	55350	68537
DJI	Djibouti	75777	70273	85292	60355	55185	68349	52601	47600	59836
DMA	Dominica	79024	73449	88858	62673	57454	70896	54456	49414	61874
DOM	Dominican Republic	71385	65977	80468	57217	52116	64904	50092	45144	57079
ECU	Ecuador	69285	63922	78161	55717	50648	63256	48891	43970	55761
EGY	Egypt	69476	64108	78371	55853	50782	63405	49001	44077	55881
SLV	El Salvador	71233	65827	80300	57108	52009	64784	50004	45059	56984
GNQ	Equatorial Guinea	75434	69937	84915	60109	54945	68080	52405	47407	59620
ERI	Eritrea	76121	70610	85670	60600	55426	68619	52798	47792	60052
EST	Estonia	78031	72478	87767	61964	56760	70117	53889	48859	61250
SWZ	Eswatini	66841	61530	75476	53971	48940	61338	47495	42604	54227
ETH	Ethiopia	77687	72142	87390	61719	56520	69847	53693	48667	61035
FJI	Fiji	74632	69153	84034	59536	54385	67450	51947	46959	59117
FIN	Finland	77954	72403	87683	61909	56707	70057	53845	48817	61202
FRA	France, Lyon and Elsewhere	80437	74832	90410	63683	58441	72005	55264	50204	62760
FRA	France, Paris	81850	76214	91962	64692	59429	73113	56071	50994	63647
GUF	French Guiana	75281	69788	84747	60000	54838	67960	52318	47322	59524
GAB	Gabon	77038	71506	86676	61255	56066	69338	53322	48304	60627
GMB	Gambia	73410	67957	82691	58663	53531	66492	51248	46276	58350
GEO	Georgia	69820	64445	78748	56099	51022	63675	49197	44269	56097
DEU	Germany, Berlin	77687	72142	87390	61719	56520	69847	53693	48667	61035
DEU	Germany, Bonn	75357	69862	84831	60054	54892	68020	52361	47365	59572
DEU	Germany, Dresden	74784	69302	84201	59645	54491	67570	52034	47045	59213
DEU	Germany, Hamburg	80857	75243	90871	63983	58735	72334	55504	50439	63024
DEU	Germany, Munich	83110	77447	93346	65592	60309	74102	56791	51699	64438
DEU	Germany, Frankfurt	78336	72777	88103	62182	56973	70357	54064	49030	61442
GHA	Ghana	80360	74757	90326	63628	58388	71945	55220	50162	62713
GIB	Gibraltar	89679	83874	100561	70284	64900	79256	60545	55371	68561
GRC	Greece	74937	69451	84369	59754	54598	67690	52121	47130	59309
GRD	Grenada	79024	73449	88858	62673	57454	70896	54456	49414	61874
GTM	Guatemala	72378	66948	81559	57927	52810	65683	50659	45699	57703
GIN	Guinea	77572	72029	87264	61637	56440	69757	53627	48603	60963
GNB	Guinea Bissau	79176	73599	89026	62782	57561	71016	54544	49500	61969
GUY	Guyana	78718	73150	88522	62455	57240	70656	54282	49244	61682
HTI	Haiti	79367	73786	89235	62919	57694	71166	54653	49607	62089
HND	Honduras	71882	66462	81013	57572	52463	65293	50375	45422	57391
HUN	Hungary	79787	74197	89697	63219	57988	71495	54893	49841	62353
ISL	Iceland	77916	72366	87641	61882	56680	70027	53824	48795	61178
IND	India	73257	67807	82524	58554	53424	66372	51161	46190	58254
IDN	Indonesia	71615	66201	80720	57381	52276	65083	50223	45272	57223
IRN	Iran	71958	66537	81097	57627	52517	65353	50419	45465	57439
IRQ	Iraq	70125	64744	79084	56317	51236	63915	49372	44440	56288
IRL	Ireland	81468	75841	91542	64419	59162	72814	55853	50781	63408
ISR	Israel, Tel Aviv	86089	80361	96618	67720	62391	76439	58494	53364	66308
ITA	Italy, Brindisi	69247	63884	78119	55690	50622	63226	48870	43949	55737
ITA	Italy, Rome	71500	66089	80594	57299	52196	64993	50157	45208	57151
JAM	Jamaica	76656	71133	86257	60982	55799	69038	53103	48091	60387
JPN	Japan, Hiroshima	72608	67172	81810	58090	52970	65862	50790	45828	57847
JPN	Japan, Tokyo	79062	73487	88900	62701	57481	70926	54478	49436	61898
JOR	Jordan	73944	68480	83279	59045	53904	66911	51554	46575	58685
KAZ	Kazakhstan	71424	66014	80510	57245	52143	64933	50114	45166	57103
KEN	Kenya	75663	70161	85166	60273	55105	68259	52536	47536	59764
KIR	Kiribati	77496	71955	87180	61582	56386	69698	53583	48560	60915
PRK	Korea, Dem. Peo. Of	78031	72478	87767	61964	56760	70117	53889	48859	61250
KOR	Korea, Republic of	78604	73038	88396	62373	57160	70566	54216	49180	61610
KOS	Kosovo (as per UN Security Co	72190	66763	81352	57792	52678	65535	50551	45594	57584
KWT	Kuwait	80475	74869	90452	63710	58468	72035	55286	50226	62784
KGZ	Kyrgyzstan	70774	65379	79797	56781	51689	64424	49743	44803	56696
LAO	Lao Peo. Dem. Rep.	70965	65566	80007	56917	51823	64574	49852	44909	56816
LVA	Latvia	78260	72702	88019	62128	56920	70297	54020	48987	61394
LBN	Lebanon	79673	74084	89571	63137	57908	71405	54827	49777	62281
LSO	Lesotho	70927	65528	79965	56890	51796	64544	49830	44888	56792
LBR	Liberia	78604	73038	88396	62373	57160	70566	54216	49180	61610
LBY	Libya	72073	66649	81223	57708	52597	65443	50485	45529	57511
LTU	Lithuania	73639	68181	82943	58827	53691	66671	51379	46404	58494
LUX	Luxembourg	79902	74309	89823	63301	58068	71585	54958	49905	62425
MDG	Madagascar	70660	65267	79671	56699	51609	64334	49677	44739	56624
MWI	Malawi	73448	67994	82733	58691	53557	66522	51270	46297	58374
MYS	Malaysia	78374	72814	88145	62210	57000	70387	54085	49051	61466
MDV	Maldives	74364	68891	83740	59345	54198	67241	51794	46810	58949
MLI	Mali	77763	72216	87473	61773	56573	69907	53736	48710	61083
MLT	Malta	74555	69078	83950	59482	54331	67390	51903	46916	59069
MHL	Marshall Islands	75701	70199	85208	60300	55132	68289	52558	47557	59788
MRT	Mauritania	72302	66873	81475	57872	52757	65623	50615	45657	57655
MUS	Mauritius	71347	65939	80426	57190	52090	64874	50070	45123	57056
MEX	Mexico	79596	74010	89487	63082	57854	71346	54784	49735	62233

FSM	Micronesia, Fed States of	82614	76961	92801	65238	59963	73713	56508	51421	64127
MDA	Moldova	74326	68854	83698	59318	54171	67211	51772	46788	58925
MCO	Monaco	81850	76214	91962	64692	59429	73113	56071	50994	63647
MNG	Mongolia	72722	67284	81936	58172	53050	65952	50856	45892	57918
MNE	Montenegro	73104	67658	82356	58445	53317	66252	51074	46105	58158
MAR	Morocco	72837	67396	82062	58254	53130	66042	50921	45956	57990
MOZ	Mozambique	71271	65865	80342	57136	52036	64814	50026	45080	57008
MMR	Myanmar	73219	67770	82482	58527	53397	66342	51139	46169	58230
NAM	Namibia	71653	66238	80762	57408	52303	65113	50244	45294	57247
NRU	Nauru	76121	70610	85670	60600	55426	68619	52798	47792	60052
NPL	Nepal	69323	63959	78203	55744	50675	63286	48913	43991	55785
NLD	Netherlands	78756	73188	88564	62482	57267	70686	54304	49265	61706
NCL	New Caledonia	74823	69339	84243	59673	54518	67600	52056	47066	59237
NZL	New Zealand	73639	68181	82943	58827	53691	66671	51379	46404	58494
NIC	Nicaragua	71309	65902	80384	57163	52063	64844	50048	45102	57032
NER	Niger	79367	73786	89235	62919	57694	71166	54653	49607	62089
NGA	Nigeria	81124	75504	91165	64174	58922	72544	55657	50589	63192
MKD	North Macedonia	71271	65865	80342	57136	52036	64814	50026	45080	57008
NOR	Norway	77802	72254	87515	61800	56600	69937	53758	48731	61106
OMN	Oman	71309	65902	80384	57163	52063	64844	50048	45102	57032
PAK	Pakistan	73028	67583	82272	58390	53264	66192	51030	46062	58110
PLW	Palau	76121	70610	85670	60600	55426	68619	52798	47792	60052
PSE	State of Palestine	82652	76999	92843	65265	59989	73743	56530	51443	64151
PAN	Panama	72569	67135	81769	58063	52944	65832	50768	45806	57823
PNG	Papua New Guinea	77305	71768	86970	61446	56253	69548	53474	48454	60795
PRY	Paraguay	69132	63772	77993	55608	50542	63136	48804	43885	55665
PER	Peru	73257	67807	82524	58554	53424	66372	51161	46190	58254
PHL	Philippines	75090	69601	84537	59864	54705	67810	52209	47215	59405
POL	Poland	75892	70385	85418	60436	55265	68439	52667	47664	59908
PRT	Portugal, Guimaraes	66955	61642	75602	54053	49020	61428	47560	42668	54299
PRT	Portugal, Lisbon	73982	68517	83321	59072	53931	66941	51576	46596	58709
PRI	Puerto Rico	71385	65977	80468	57217	52116	64904	50092	45144	57079
QAT	Qatar	77687	72142	87390	61719	56520	69847	53693	48667	61035
ROU	Romania	72035	66612	81181	57681	52570	65413	50463	45507	57487
RUS	Russian Federation	83492	77821	93766	65865	60576	74402	57010	51912	64678
RWA	Rwanda	72799	67359	82020	58227	53104	66012	50899	45934	57966
SHN	Saint Helena	82843	77186	93053	65401	60123	73892	56639	51549	64271
LCA	St. Lucia	77152	71618	86802	61337	56146	69428	53387	48368	60699
WSM	Samoa	72417	66985	81601	57954	52837	65713	50681	45721	57727
STP	Sao Tome and Principe	85440	79726	95905	67256	61937	75930	58123	53001	65901
SAU	Saudi Arabia	78069	72515	87809	61991	56787	70147	53911	48881	61274
SEN	Senegal	77992	72440	87725	61937	56733	70087	53867	48838	61226
SRB	Serbia	72187	66761	81349	57790	52677	65533	50550	45593	57583
SYC	Seychelles	75548	70049	85040	60191	55025	68169	52470	47472	59692
SLE	Sierra Leone	77496	71955	87180	61582	56386	69698	53583	48560	60915
SGP	Singapore	86662	80922	97247	68129	62791	76889	58821	53684	66668
SVK	Slovak Republic	75930	70423	85460	60464	55292	68469	52689	47685	59932
SVN	Slovenia	78183	72627	87935	62073	56867	70237	53976	48945	61346
SLB	Solomon Islands	78413	72851	88187	62237	57027	70417	54107	49073	61490
SOM	Somalia	76694	71170	86299	61009	55826	69068	53125	48112	60411
ZAF	South Africa	69820	64445	78748	56099	51022	63675	49197	44269	56097
SSD	South Sudan	76121	70610	85670	60600	55426	68619	52798	47792	60052
ESP	Spain	72455	67023	81643	57981	52863	65742	50703	45742	57751
LKA	Sri Lanka	72569	67135	81769	58063	52944	65832	50768	45806	57823
KNA	St. Kitts and Nevis	79024	73449	88858	62673	57454	70896	54456	49414	61874
VCT	St. Vincent and the Grenadine	79024	73449	88858	62673	57454	70896	54456	49414	61874
SDN	Sudan	76121	70610	85670	60600	55426	68619	52798	47792	60052
SUR	Suriname	72378	66948	81559	57927	52810	65683	50659	45699	57703
SWE	Sweden	77343	71805	87012	61473	56280	69578	53496	48475	60819
CHE	Switzerland	93765	87871	105050	73203	67755	82462	62880	57656	71126
SYR	Syrian Arab Republic	65237	59961	73714	52826	47819	60079	46578	41707	53220
TJK	Tajikistan	72378	66948	81559	57927	52810	65683	50659	45699	57703
TZA	Tanzania, United Republic of	73180	67733	82440	58500	53371	66312	51117	46148	58206
THA	Thailand	74097	68629	83446	59154	54011	67031	51641	46660	58781
TLS	Timor-Leste	74746	69265	84160	59618	54465	67540	52012	47023	59189
TGO	Togo	77000	71469	86634	61227	56039	69308	53300	48283	60603
TON	Tonga	73677	68218	82985	58854	53718	66701	51401	46425	58518
TTO	Trinidad and Tobago	74441	68966	83824	59400	54251	67301	51838	46852	58997
TUN	Tunisia	69743	64370	78664	56044	50969	63615	49153	44226	56049
TUR	Türkiye, Ankara	72951	67509	82188	58336	53210	66132	50986	46020	58062
TUR	Türkiye, Gebze	76694	71170	86299	61009	55826	69068	53125	48112	60411
TUR	Türkiye, Istanbul	76694	71170	86299	61009	55826	69068	53125	48112	60411
TKM	Turkmenistan	89068	83276	99890	69848	64473	78776	60196	55030	68178
TUV	Tuvalu	76236	70722	85796	60682	55506	68709	52863	47856	60124
UGA	Uganda	72378	66948	81559	57927	52810	65683	50659	45699	57703
UKR	Ukraine	70736	65341	79755	56754	51663	64394	49721	44781	56672

ARE	United Arab Emirates	82193	76550	92339	64937	59669	73383	56268	51186	63863
GBR	United Kingdom	89679	83874	100561	70284	64900	79256	60545	55371	68561
USA	USA, El Paso	86400	80666	96960	70148	64766	79106	61925	56719	70082
USA	USA, Miami	86896	81151	97505	70502	65113	79495	62208	56997	70393
USA	USA, New York	96444	90492	107992	77322	71785	86986	67664	62335	76386
USA	USA, San Diego	95031	89110	106440	76313	70798	85877	66857	61545	75499
USA	USA, San Francisco	98010	92024	109712	78441	72879	88215	68559	63210	77369
USA	USA, Seattle	87546	81787	98218	70966	65567	80005	62579	57360	70801
USA	USA, Washington D.C.	88920	83132	99728	71948	66528	81083	63365	58129	71664
URY	Uruguay	75930	70423	85460	60464	55292	68469	52689	47685	59932
UZB	Uzbekistan	72760	67322	81978	58199	53077	65982	50877	45913	57942
VUT	Vanuatu	78183	72627	87935	62073	56867	70237	53976	48945	61346
VEN	Venezuela	77076	71544	86718	61282	56093	69368	53343	48326	60651
VNM	Vietnam	68827	63473	77658	55390	50328	62896	48630	43714	55473
ESH	Western Sahara	72837	67396	82062	58254	53130	66042	50921	45956	57990
YEM	Yemen	68941	63585	77783	55472	50408	62986	48695	43778	55545
ZMB	Zambia	72378	66948	81559	57927	52810	65683	50659	45699	57703
ZWE	Zimbabwe	71628	66138	80729	59891	54732	67840	52230	47237	59429